

Extraordinary Ministers of the Eucharist (EM)

The Eucharistic Ministers are selected by the priests to assist in distribution of Holy Communion at all Masses. Additionally, the Eucharist Ministers serve in the parish outreach program bringing Holy Communion to those parishioners and residents of the Bishop White Lodge at Cathedral Village/ Roxborough Hospital/ Renfrew Center and other homebound parish members who are unable to attend Mass due to illness, injury, or disability.

WHO MAY BE EM?

Members of the parish who are 18 years old or older, who have completed the sacraments of Confirmation, and who are also compliant with the Parish Safe Environment Policy (clearances) are welcome to become Eucharistic Ministers of Holy Communion. This ministry in the Church requires a person who is of excellent character, and serious about the practice of their faith. The EM must have a love for the Eucharist, attends Mass and receives Holy Communion regularly, and have deep reverence for the Eucharistic presence. At Mass, these ministers assist the Priest and Deacon in distributing Holy Communion. With additional training, they may also assist with the distribution of Holy Communion at nursing facilities and the local hospital.

For more information on how to become a Eucharistic Minister, please contact our Deacon Sam Bianco or Peter Caruso.

FREQUENTLY ASKED QUESTIONS

Which mass will I be assigned to?

Primarily, it is based on your preference - typically the weekend Mass you attend more regularly; but we ask that all EM help cover Masses when there is a need, especially on Feast Days, Holy Days, and occasionally when a EM is unable to serve their scheduled Mass.

How often do I serve?

At IHM we are not yet blessed with many EMs so you may serve at two Masses or more in a month. You will also serve on a rotating basis. You can also choose to serve as a substitute or trade off with the other EMs.

What's the time commitment?

Generally, the time commitment is your personal spiritual preparation time to administer the sacrament. In addition, depending upon your willingness and availability you may also assist with the distribution of Holy Communion at nursing facilities and the local hospital, as well as home-bounds.

Are there meetings?

Generally, the meetings are very few and average once or twice a year. A training session is provided for all new EMs.

Whom should I contact if I have more questions?

Feel free to speak to any of the EMs that serve at our Masses and talk with them about their experience as an EM. If you have any further questions, please contact the Parish Office by phone: 215-483-1000

REQUIREMENTS

- A registered member and regular communicant of our parish
- Love and reverence for the Eucharist/Prayerful disposition
- Attend the training session (no more than 1 hour) and retreat

You are welcome to sign-up if you can serve as an EM or are interested in becoming one. Please call the parish office on 215-483-1000